

Skater's Name: \_\_\_\_\_

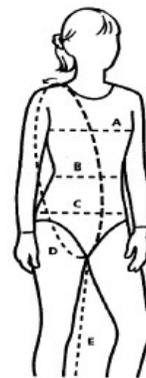
## NAFSC Ice Show Costume Sizing Form

### Costume Guidelines:

- ❖ Please do your best with measurements and measure carefully!
- ❖ Remember that not all costumes run true to size—many run small. Don't forget about spring growth! It is easier to alter a costume that is too big than to try and fix a costume that is too small.
- ❖ When in doubt—choose the size that most closely matches the skater's girth measurement.
- ❖ We must have all measurements to order the correct size!
- ❖ PLEASE FILL OUT MEASUREMENTS BELOW AND RETURN ASAP
- ❖ IMPORTANT: Costumes will be ordered by January 31, 2020. It is almost impossible to return a costume and exchanges are only possible if we have enough time. **So, please turn this in by January 15!**
- ❖ Return completed form either:
  - via email to [nafsciceshow@gmail.com](mailto:nafsciceshow@gmail.com)
  - place in an envelope labeled "2020 Ice Show" and drop in drop box outside NAFSC office (DO NOT PUT ON DESK OR LEAVE IN OFFICE)
  - mail to: NAFSC, Attn: 2020 Ice Show, PO Box 6052, Falmouth, ME 04105.

### Measurements:

- ❖ Wear a leotard, swimsuit, undergarments when measuring if possible. Bulky clothes (sweaters, jackets, snow pants, etc.) will hinder proper measurement.
- ❖ We need the following measurements:
  - CHEST: With arms relaxed at sides, measure around fullest part of chest, keeping tape measure parallel to the floor.
  - WAIST: Measure around natural waistline, the narrowest part of the upper body (not over shirt or pants).
  - HIPS: Measure around the fullest part of the lower body, keeping tape straight and parallel to the floor.
  - GIRTH: Measure from center of one shoulder, down the front, through crotch and up back to the starting point. This is the most important measurement in determining costume size.
  - INSEAM: Measure inside of leg, from crotch to below the anklebone.
  - ARM LENGTH: Measure from top of shoulder to wrist bone.



### All registration forms must contain current measurements:

Height: \_\_\_\_\_

Chest: \_\_\_\_\_ in. Waist \_\_\_\_\_ in. Hip: \_\_\_\_\_ in.

Inseam: \_\_\_\_\_ in. Girth: \_\_\_\_\_ in.

Current Clothing Size: \_\_\_\_\_ Current Skating Dress size: \_\_\_\_\_

Tight Size: \_\_\_\_\_ (Snowplow Sam-Basic 6 will receive tights as part of the registration cost; Skaters Pre-Free Skate and higher will be able to purchase for \$15 per pair if desired)

### MONDOR TIGHT SIZE CHART

#### Child/Youth Sizes

2-4	35" - 43"	25 - 45 lbs.
4-6	37" - 48"	40 - 55 lbs.
6-8	43" - 52"	50 - 65 lbs.
8-10	48" - 57"	60 - 75 lbs.
10-12	52" - 60"	70 - 85 lbs.
12-14	56" - 62"	80 - 100 lbs.

#### Adult Sizes

S	4' 11" - 5'4"	95 - 115 lbs.
M	5' 2" - 5'7"	115 - 135 lbs.
LG	5'4" - 5'9"	135 - 155 lbs.
XL	5'6" - 5'11"	150 - 175 lbs.