

NAFSC Solo & Featured Skater Requirements

(Any of these requirements may be appealed to the Skating Coordinator)
Revised 08/02/2022

Graduating Senior Solo Skater:

- Home club member in good standing.
- Must skate a total of 120 sessions of club ice or 100 sessions of club ice if you have participated in at least 4 ice shows in the last 5 years. All sessions must be completed between January 1 and December 31 of the year previous to the show. Junior coaching and/or synchronized skating can count up to 15 sessions (approved by the Skating Coordinator) and can be used to meet the 120 or 100 session requirement.
 - *Any session 30 minutes in length or shorter will count as a ½ session toward the requirement*
 - *Any session longer than 30 minutes will count for 1 session toward the requirement*
- Must skate in a group number. The Opening, Jr. Coach, Ice Dance, and Synchro numbers do not satisfy this requirement.
- Graduating Senior Soloists only - Skaters will be allowed to select their own music regardless of theme (approved by the Skating Coordinator).
- Skaters are responsible for editing/providing their own music, choreography, and costume (approved by the Skating Coordinator).
- Music length must be appropriate to skating level.
- Graduating Seniors will perform in all shows.

Solo Skater:

- Home club member in good standing.
- Must skate a total of 120 sessions of club ice between January 1 and December 31 of the year previous to the show. Junior coaching and/or synchronized skating can count up to 15 sessions (approved by the Skating Coordinator) and can be used to meet the 120-session requirement.
 - *Any session 30 minutes in length or shorter will count as a ½ session toward the requirement*
 - *Any session longer than 30 minutes will count for 1 session toward the requirement*
- Must have passed Juvenile Free Skate or higher by January 1.
- Must skate in a group number. The Opening, Jr. Coach, Ice Dance, and Synchro numbers do not satisfy this requirement.
- Music must fit the show theme and be approved by the Skating Coordinator.
- Skaters are responsible for editing/providing their own music, choreography, and costume (approved by the Skating Coordinator).
- Number of performances will depend on the number of eligible skaters in any given year.
- Music length must be appropriate to skating level.

Featured Skater:

- Home club member in good standing.
- Must skate a total of 70 sessions of club ice between January 1 and December 31 of the year previous to the show. Junior coaching and/or synchronized skating can count up to 10 sessions (approved by the Skating Coordinator) and can be used to meet the 70-session requirement.
 - *Any session 30 minutes in length or shorter will count as a ½ session toward the requirement*
 - *Any session longer than 30 minutes will count for 1 session toward the requirement*
- Must have passed Pre-Preliminary Free Skate by January 1.
- Must skate in a group number. The Opening, Jr. Coach, Ice Dance, and Synchro numbers do not satisfy this requirement.
- Group & music will be assigned by the Skating Coordinator.
- Skaters are responsible for their own costume (approved by the Skating Coordinator) and choreography.
- Number of performances will depend on the number of eligible skaters in any given year.

Adult Solo Skater:

- Home club member in good standing.
- Must skate a total of 30 sessions of club ice between January 1 and December 31 of the year previous to the show. Junior coaching and/or synchronized skating can count up to 5 sessions (approved by the Skating Coordinator) and can be used to meet the 30-session requirement.
 - *Any session 30 minutes in length or shorter will count as a ½ session toward the requirement*
 - *Any session longer than 30 minutes will count for 1 session toward the requirement*
- Must have passed Adult Silver Free Skate or Juvenile Free Skate by January 1.
- Must skate in a group number. The Opening, Jr. Coach, Ice Dance, and Synchro numbers do not satisfy this requirement. If there is no adult group in the show, the Skating Coordinator will work with interested soloists to find a solution.
- Music must fit the theme of the show and be approved by the Skating Coordinator.
- Skater is responsible for editing/providing their own music, choreography and costume (approved by the Skating Coordinator).
- Number of performances will depend on the number of eligible skaters in any given year.
- Music length must be appropriate to skating level.

Adult Featured Skater:

- Home Club member in good standing.
- Must skate a total of 20 sessions of club ice between January 1 and December 31 of the year previous to the show. Junior coaching and/or synchronized skating can count up to 5 sessions (approved by the Skating Coordinator) and can be used to meet the 20-session requirement.
 - *Any session 30 minutes in length or shorter will count as a ½ session toward the requirement*
 - *Any session longer than 30 minutes will count for 1 session toward the requirement*
- Must have passed Adult Bronze Free Skate or Pre-Preliminary Free Skate by January 1.
- Must skate in a group number. The Opening, Jr. Coach, Ice Dance, and Synchro numbers do not satisfy this requirement. If there is no adult group in the show, the Skating Coordinator will work with interesting features to find a solution.
- Group & music will be assigned by the Skating Coordinator.
- Skaters are responsible for their own costume (approved by the Skating Coordinator) and choreography.
- Number of performances will depend on the number of eligible skaters in any given year.