



NORTH ATLANTIC FIGURE SKATING CLUB HIGH SCHOOL SKATER RECOGNITION PROGRAM

North Atlantic Figure Skating Club (NAFSC) recognizes the dedication and hard work of our high school skaters. In a traditional high school sports setting, a varsity letter represents long, hard days of practice, study, and competition. It represents loyalty and faithfulness of each student while in pursuit of a definite goal. NAFSC believes in the value of celebrating the athletic achievements of our skaters even if not in a traditional high school varsity setting. The High School Skater Recognition Program is meant to honor our skaters who continue to pursue skating as a sport throughout their high school careers.

To be eligible to receive recognition under the NAFSC High School Skater Recognition Program, a skater must meet the following eligibility requirements:

1. Must be currently enrolled in high school (virtual, in-person, or home-schooled)
2. Must be a home club member of the North Atlantic Figure Skating Club (NAFSC) and a member of the U. S. Figure Skating Association, both in good standing
3. Must train under the supervision of a U.S. Figure Skating professional coach

Along with the required eligibility criteria, a skater must meet the following participation requirements:

- A. Must skate a minimum of 100 sessions* on figure skating practice ice during the skating season. For the purpose of program administration, the season will run from May 1 to April 30. This is time spent on the ice training, not time competing or rehearsing for shows and exhibitions
- B. Must be at or above at least one of the following U.S. Figure Skating test levels: Novice Moves in the Field, Intermediate Free Skate, Intermediate Pairs, or Pre-Silver Dance
- C. Must attempt (not necessarily pass) at least one U.S. Figure Skating official test per skating season, except for a skater who has passed their Senior Moves in the Field and/or Senior Free Skate test
- D. Must participate in at least one club/rink Annual Ice Show
- E. Must complete one of the following:
 - 1) Participate (skate/compete) in 2 additional U.S. Figure Skating sanctioned exhibitions and/or competitions per skating season.
 - 2) Assist on 10 sessions as a Jr. Coach for the NAFSC Learn to Skate USA Program per skating season or coach for at least 10 sessions as a NAFSC LTS USA program coach.

Information will be verified, skaters who qualify to receive this award will be notified by May 20, and awards will be presented at the NAFSC Year-End Awards Banquet. All Athletic Directors or appropriate school representatives of all skaters who are awarded the honor will be notified so that this can be included in the school awards programs or notifications as applicable.

**Any session 30 minutes in length or shorter will count as ½ session toward the session requirement. Any session longer than 30 minutes will count for 1 session toward the session requirement.*